

**GET  
YOUR**

# **MAMMOGRAM!**

**1 woman in eight gets breast cancer in their lives.**

It's spring, and you've got your list ready. Cleaning, planting, mowing, and getting that garage cleaned out. But put another reminder on your list: Get your mammogram. If you're over 40 and/or have a family history of breast cancer, talk to your medical provider about what schedule of screening is best for you. Stay alive for those you love.

**Schedule a visit with  
your provider today:**

**320-532-3154**

