

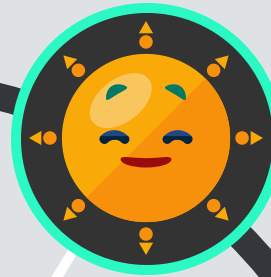
Excuses for not getting a flu shot

Get the
vaccination!



START

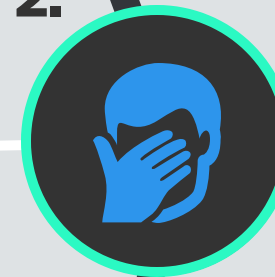
1.



I never get sick.

Think about seatbelts. Even if you've never been in a car accident, research shows they save lives. So you wear them, right? Same idea.

2.



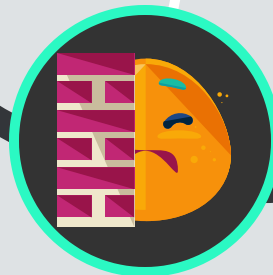
I still get sick. The shot reduces your chance but you may get something that was not in the flu vaccine. Or you were exposed and got ill before the 2 weeks it takes after the shot to build immunity.

3.



It made me sick. It doesn't cause flu because the virus is dead. Lots of "copycat" viruses abound. You can get any number of those, or could've been exposed to the flu before you built up immunity.

4.



I hate needles and pain. If you hate pain, think about how much more pain and sickness you'll get with flu.

5.



I believe in letting nature do its thing. Do you believe in infecting others? There are people in our society that can and do die from flu complications. The more people that get the shot, the less virus there is to spread to others, who might not be as strong as you are.

